

Waiting Out The Storm

By Dania Dbaiibo Darwish

“To fight the storm may not be the wisest decision and by no means is it surrender when you wait it out” so I told myself just recently. That’s how I self-pacified as I found myself battling external forces beyond my control. You see, I am a “big picture” person who’s also a fan of goal setting. I get to achieve a lot by designing baby steps to reach my final objectives. I had earlier formulated some plans to grow professionally during the summer. Lo and behold, those plans were consistently obstructed; thus, got detoured. I was thrown off balance as I found myself drowning in arranging outings for the kids, meeting up with friends who came to visit from abroad, and getting involved in numerous other social obligations that usually intensify during the season. There I was involved in the plans of others; not my own. I was fighting and resisting just keeping up with meeting my own deadlines. It felt as if I was struggling in a storm of opposing forces pushing and pulling me astray. The fight drained all my energy; thus, leading me to feel entirely frustrated.

I had to step back and revisit my agenda. It makes no sense to keep grappling for something at the expense of other equally important endeavors. It’s futile to expend all that effort and choke under my own pressure when it’s not the right time. It’s brilliant that I aim for the stars, but so what if I miss. I can still hit the moon and then aim at the stars again. Why would I need to be too dogmatic and strictly abide by any schedule when there’s a need to pause for a reality check? Why not reorganize and reassess my agenda? When the circumstances are all too powerful, flexibility is a sign of strength, not surrender, isn’t it? All storms in due course subside; and the sun shines again. I can then easily swift into my routines and stay on track of plans. I’ll have to be content with whatever I can achieve when the surrounding conditions are beyond my control.

*When you think about it, this resolution can be generalized to many other life situations we face. If we consider implementing most decision, good timing is a highly contributing factor to their success. For instance, would it be a good idea to approach a fumingly angry person for a favor? Consider your desire to quit your job amidst unemployment. Would it be the best idea if that job supported your living expenses at the time? You certainly would not leave on your arranged vacation if your best friend just got devastated at losing a loved one, would you? As long as we maintain a clear picture of what needs to be done and don't defer it repeatedly on our agenda, rescheduling is more sensible when the going gets tough. It does not imply ditching our aspirations, nor does it mean we lost the battle. We just wait for better moments in time to carry out certain choices. Again, **"to fight the storm may not be the wisest decision and by no means is it surrender when you wait it out. Action is best during the right climates."** ~ 3Ds*

